



# Elephant In The Room Person Centred Active Support



NDIS Approved Provider

Elephant In The Room Training  
& Consultancy is an NDIS  
Approved Provider

# About Elephant In The Room



Elephant In The Room want an equal society where people with disabilities are citizens in their own right and are supported to achieve happiness and reach their full potential



Elephant in The Room want to help you achieve your goals



We will put you at the centre of everything we do and work towards improving our service to you.



We are always open and honest and will treat you with respect.



We will support you as an individual in a way that is right for you

# Being Person Centred



We will support you using person centred approaches



Person Centred means we will find out what **you** want and need. It is what is important to you.



Person Centred support means we will support you to be part of your community



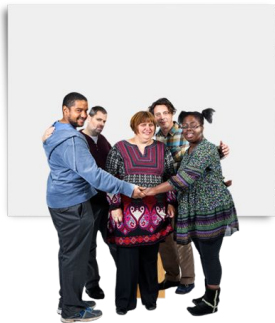
Help you to be more independent



Support you to have a good quality of life,  
just like everyone else



Support that respects your right to choose  
and be in control



Support that keeps you safe but doesn't  
stop you living your life



Support that helps you make a contribution  
to your community



Support that will help you stay healthy

# Active Support



Active Support is a Person Centred way of helping you with your daily activities.



We all want to be part of our community, have friendships and learn new skills



Some people need extra help to do some life activities.



Active support gives you just the right amount of help so you can contribute and participate in the activity



Active support means doing things with you, not doing things for you



With active support you will learn new skills and feel really good about yourself



You will be involved in every activity and be on your way to achieving your goals.





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Please get in touch with us if you have any questions, ideas or comments.

## Get in touch

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This easy read document was developed by staff from Elephant In The Room Training and Consultancy August 2017

