



Elephant In The Room Person Centred Positive Behaviour Support



NDIS Approved Provider

Elephant In The Room Training
& Consultancy is an NDIS
Approved Provider

Positive Behaviour Support



Positive

Good, helpful, respectful,
hopeful



Behaviour

The things that people do and
say



Support

Help that people get with
everyday things

What are Challenging behaviours?



Challenging behaviours can be when someone physically hurts themselves or others. This might be because they punch, bite or kick people.



Challenging behaviours can also be when someone verbally hurts themselves or others. This might be because they shout, swear, bully people or use bad words



Challenging behaviours mean that someone's actions could cause them, or someone near them, to be hurt.



If someone shows challenging behaviours it might mean they will not be able to do things they like to do, things like going swimming, going to the shops or visiting friends.

What are Challenging behaviours?



Sometimes a person will have a Behaviour Management Plan. This plan tells staff and carers what to do if that person becomes upset or unsettled.



It also tells staff the best way to support them to make sure they are treated fairly and with dignity and respect.



People should know about their own plan as they and their family or carers, should have helped staff to put it together.



People can ask to see their plan if they want to.

Positive Behaviour Support



We know everyone is different so we adapt our support to suit you



Positive behaviour support is a person centred approach to supporting you. This means everything we do looks at your needs.



The most important part of managing challenging behaviours is to communicate with the person involved. If the person cannot speak we will do everything we can to communicate with them so they can understand what we are doing and why we are doing it.



We will encourage you to help plan your own support



A Positive Behaviour Support Plan will help you have positive engagement with others



It also helps with social and communication skills



We will try and understand why you behave the way you do



We will look at things like, where you live, how you are supported and if you are being listened to about what's important to you



We will find ways to prevent the behaviour from happening

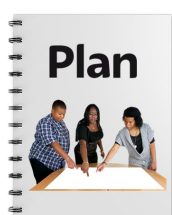


We will find good ways to deal with the behaviour when it does happen.

The service that supports you at home and at work/ day program



The service that provides you with support at home, in the community and with your daily activities must promise to provide you with good quality care



Everyone who has challenging behaviour must have a Positive Behaviour Support Plan.



This plan must be based on information about all areas of your life and your hopes and dreams.



You and your family or the people closest to you who know you best must be included in the planning



Your service must work in person-centred ways and you must have a person centred plan.



Your support staff must learn about your Positive Behaviour Support Plan.



Elephant In The Room Training and Consultancy is an NDIS Approved Provider.



Please get in touch with us if you have any questions, ideas or comments.

Get in touch

Elephant In The Room
PO Box 152
Coonabarabran
NSW 2357



0499 383 882

admin@elephantintheroom.net.au



This easy read document was developed by staff from Elephant In The Room Training and Consultancy August 2017

