



Sexuality & Relationships v 1.0

Elephant In The Room believe it is vital that our participants are provided with access to information and education in regards to sexuality and relationships so they can live a full life and decrease their vulnerability to abuse and exploitation.

Our commitment is consistent with the objects and principles of the Disability Inclusion Act 2014 which state that people with disability have the right to realise their physical, social, sexual, reproductive, emotional and intellectual capacities, and the right to respect for their cultural or linguistic diversity, age, gender, sexual orientation and religious beliefs.

We have easy read information on our website under information for participants.

Rights based principle

The following rights based principles are protected by the law and are consistent with the objects and principles of the Disability Inclusion Act 2014:

- ❖ People with disability are supported to express and explore their sexuality across their lifespan.
- ❖ People are supported to understand their rights, to exercise them to enjoy sexual experiences, and to have their privacy and dignity respected.
- ❖ People are provided with information and education in a way that support them to form their own values and beliefs about sexuality.
- ❖ Sexual expression is acknowledged as a normal part of development and people are supported to develop healthy self-esteem and self-respect.
- ❖ People have the right to make decisions about their own bodies and live free of exploitation and sexual harassment.
- ❖ People are supported to exercise their rights to form relationships of their choosing, to marry or live as a family and to have children.
- ❖ People have information that is accessible and understandable to them when they are making decisions about forming sexual relationships.
- ❖ People are supported to identify and address risks to their health and safety such as unsafe sex or sexual exploitation and abuse.
- ❖ Access to sexual and reproductive health services, and population health and screening programs, is available to all people.
- ❖ Information about reproduction, contraception and parenting is accessible to people who want it and is in a format they understand.